## My Dream Life Design

Area in life	Goal
SPIRITUAL	Overarching goal: In 1 to 3 years I will be
	This year I will achieve these actions to take me one step closer to my overarching goal.
	1.
	2.
	3.
	4.
	5.
	Overarching goal: In 1 to 3 years, the ideal life for my family will involve
FAMILY	
	This year I will achieve these actions to take me one step closer to my overarching goal.
	1.
	2.
	3.
	4.
	5.
	Overarching goal: Spouse, Partner, Other Half – In 1 to 3 years, the ideal relationship with my spouse, partner or other half will involve

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	This year I will achieve these actions to take me one step closer to my overarching goal.
	1.
	2.
	3.
	4.
	5.
	Overarching goal: Children – In 1 to 3 years, I would like my children to
	This year I will achieve these actions to take me one step closer to my overarching goal.
	1.
	2.
	3.
	4.
	5.
	Overarching goal: In 1 to 3 years my business will
BUSINESS	

	This year I will achieve these actions to take me one step closer to my overarching goal.  1. 2. 3. 4. 5. 6. 7. 8.  Overarching goal: In 1 to 3 years I will be
	Overarching goal. In 1 to 3 years I will be
PERSONAL DEV'T HEALTH & WELLNESS	In 2017 I will achieve these actions to take me one step closer to my overarching goal.  1. 2. 3. 4. 5. 6. 7.